

Bipolar Disorder Peer Support Group

Meets the second and
fourth Thursday of every
month from 12-1:30p.m.

*For more information, please contact
the Mental Health Association at
886-1242 or lwexler@eriemha.org*

In order to preserve the confidentiality of our members, our support groups are closed to the general public.
They are open to individuals who live with a mental health diagnosis.



**Mental Health Association
of Erie County, Inc.**