

FAMILY SUPPORT GROUPS

*Support for family, friends, and caregivers
of people living with mental health challenges*

<p>Support Group for Parents of Young Adults 18+</p> <p><i>Mental Health Association of Erie County</i></p>	<p>St. Mary's School for the Deaf 2253 Main Street Buffalo, NY 14214</p> <p>Phone: 886-1242 ext. 313 E-mail: laney@eriemha.org www.eriemha.org</p>	<p>Meets 3rd Friday of the month</p> <p>6:00-7:30 PM</p>
<p>NAMI Family Support Groups</p> <p><i>National Alliance on Mental Illness</i></p>	<p>St. Paul's Lutheran Church 4007 Main Street Amherst, NY 14226</p> <p>Lakeshore Behavioral Health 3176 Abbott Rd. Orchard Park, NY 14127</p> <p>Phone: 226-6264 www.namibuffalony.org</p>	<p>Meets 3rd Wednesday of the month</p> <p>7:00 PM</p>
	<p>Lakeshore Behavioral Health 951 Niagara Street Buffalo, NY 14213</p> <p>Phone: 226-6264 www.namibuffalony.org</p>	<p>Meets 3rd Tuesday of the month</p> <p>5:00 – 6:30 PM</p>
<p>NAMI Educational Meeting</p> <p><i>National Alliance on Mental Illness</i></p>	<p>St. Paul's Lutheran Church 4007 Main Street Amherst, NY 14226</p> <p>Phone: 226-6264 www.namibuffalony.org</p>	<p>Meets 2nd Thursday of the month</p> <p>7:00 PM Coffee and Library Hour</p> <p>7:30 PM Guest Speaker</p>
<p>Buffalo Psychiatric Center Psycho-Education group</p>	<p>Buffalo Psychiatric Center 113S Strozzi 400 Forest Avenue Buffalo, NY 14213</p> <p>Dr. Eileen Trigoboff- 689-4561</p>	<p>Meets 1st Tuesday of the month</p> <p>6:00 Light Dinner 6:30 Meeting</p>

ECMC Family Support Group <i>Family Support from the Mental Health Association of Erie County</i>	Erie County Medical Center 4th floor, Room 443 Phone: 886-1242 ext. 313 E-mail: <u>laney@eriemha.org</u> <u>www.eriemha.org</u>	Meets Sundays and Wednesdays 12:30-1:30 pm
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Updated 10/19/2016