

OPERATION COM

Children Of the Military

**Support for our children of the military
with their own heroic journey**



This group aims to help your child:

- establish positive coping skills
- encourage positive expression
- strengthen self-confidence & resiliency
- most importantly: Have Fun With Other Military Children!

January– March 2018 Schedule

All Classes will be Fridays at the VOC of WNY:

January 5 ~ January 19 ~ February 2
February 9 ~ March 2 ~ March 16

These classes will be a return to our traditional format:
Dinner will be at 5:30pm, class for kids at 6pm, sharp.
Make your reservation today.

Class at the Veterans One-stop Center of WNY
1280 Main Street - Buffalo, NY 14209 - 2nd Floor

Please PRE-REGISTER to help us plan for our activities!!

For questions and to sign-up for class, contact our program director:
Mary at 548-6606 or 898-0110 x111 or
mcparlane@eriemha.org



Veterans One-stop Center of WNY
WE. EMPOWER. VETERANS.



The Mental Health Association of Erie County, in partnership with the Veterans One-stop Center of WNY, is proud to present this unique program. Operation C.O.M. is honored to receive funding from the PFC Joseph P. Dwyer Peer Support Program.

