

OPERATION COM

Children of the Military[©]

A program created to support our children of the military with their heroic journey

Designed to establish positive coping skills to help children deal with the stresses of deployment, encourage them to express their feelings, strengthen their self-confidence and resiliency & most importantly:

Have Fun With Other Military Children!

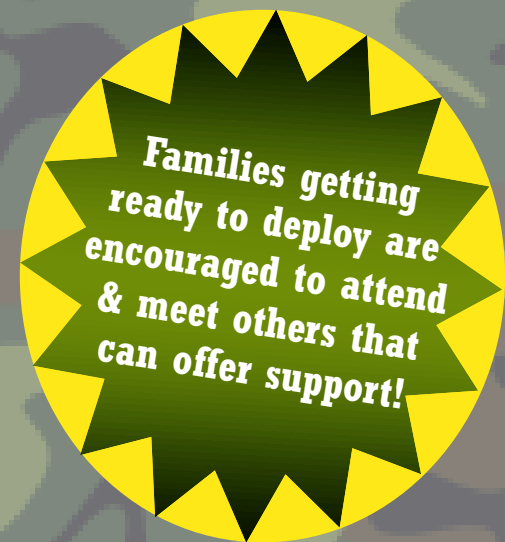
Groups Meet Every Other Friday Evening
New Session Beginning 16 September 2011
(5 week sessions) ● 6:00pm - 7:30pm

We meet at the Mental Health Association
999 Delaware Avenue
Buffalo, NY 14209

To Make a Referral to the Program or To Sign Up Pre-Registration Is REQUIRED:
Please Call Mary at (716) 886.1242 or
Email: mcparlane@eriemha.org

Families are welcome to join at any point during the 5-week session. However, we do require that you register ahead of class time to ensure we know you are joining.

[Call Mary at MHA: 886.1242](tel:7168861242)



Adrienne Talbert has honorably created this unique program. Coming from three generations of military service, Adrienne has experienced and lived all extremes of military life since birth. Two continents, 12 countries, 18 states, 10 military bases, 62 cities & 12 deployments: A true understanding of what your child lives, feels and sees everyday!



Operation C.O.M. is honored to receive funding from M & T Bank for this program.