

# Bedtime Stories:



## Keeping Parents and Children Connected During Deployment



A program presented by a partnership between  
the Arts in Education Institute and the Mental Health Association of Erie Co., Inc.



**Hurry - Class  
Space is Limited!**

When a parent or close family relative is deployed, children can be left unsure of the future and worried about their family. Often, bedtime can be the most challenging time of the day.

Beginning September 18th at the Medaille College campus, military families can join us for *Bedtime Stories*, a new class offered by the Mental Health Association and the Arts in Education Institute.

This free 6-week session will allow families to work together to create their own full color story-book for the whole family to share at bedtime.

A full-size story book will stay home with the family as a pocket-size book will accompany the deploying parent, allowing families to continue enjoying story-time "together" during deployment!

A culminating event will host our class for a pajama party with story sharing, cookies & milk and more!

There is no fee for this class but space is limited so call now to sign up!

**For Questions & Sign-Up  
Contact Jessica LaFalce at  
( 7 1 6 ) 886-1242 ext. 326 or  
email: [lafalce@eriemha.org](mailto:lafalce@eriemha.org)**

These classes are open to military families; You will be asked to verify your military connection.

For more military or creative programs, visit  
[www.eriemha.org](http://www.eriemha.org) or  
[www.artsined.com](http://www.artsined.com)

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