

The Wounds of War are not always Easy to See.

Give an Hour is a program designed to provide easy access to skilled professionals for everyone affected by the current war. This covers a wide range of services, including individual, marital and family therapy, as well as substance abuse counseling, treatment for Post-Traumatic Stress Disorder (PTSD) and counseling for individuals with traumatic brain injuries.

Several mental health professionals in the Buffalo-area have volunteered to 'give an hour' of services to address the needs of veterans and their loved ones.

These services are FREE of charge.

*Your confidence, strength and bravery
have not gone unnoticed.
Let us show our appreciation.*

For more information, please contact the
Mental Health Association of Erie County.
Mary McParlane 716-886-1242 (ext. 319 or 321)
mcparlane@eriemha.org

You can also find information at
www.giveanhour.org or
email info@giveanhour.org



Attention Veterans

★ YOU MAY QUALIFY ★
FOR
FREE LEGAL SERVICES



DO YOU HAVE A
MENTAL HEALTH DIAGNOSIS OR
TRAUMATIC BRAIN INJURY AND NEED
LEGAL HELP TO GET OR RETAIN ANY TYPE
OF DISABILITY BENEFITS?

CALL TAKE A CASE[®]
(716) 886-1242 x 319 to see if you qualify



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