

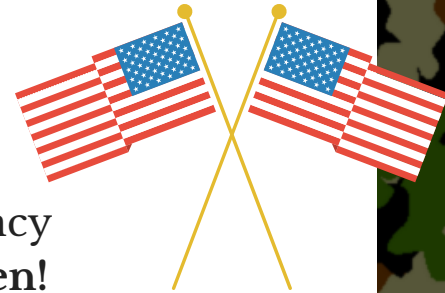


**OPERATION COM**  
CHILDREN OF THE MILITARY PROGRAM

# Helping Military Families Connect

**This group aims to help your child:**

- establish positive coping skills
- encourage positive expression
- strengthen self-confidence & resiliency
- have fun with other military children!



## WINTER/SPRING 2019 SCHEDULE

January 11- January 25  
February 8 - February 22  
March 8 - March 29

**Dinner will be at 5:30pm**  
**Class for kids at 6pm**

FRIDAYS at the Veterans One-stop Center of WNY  
1280 Main Street - Buffalo, NY 14209 - 2nd Floor

Please **PRE-REGISTER** to help us plan for our activities!! For questions or to sign up for class, contact our program director Mary at 548-6606 or 898-0110 x111 or [mcparlane@mhawny.org](mailto:mcparlane@mhawny.org)

 mental health  
advocates  
of WNY  
**BE HEARD. BE HELPED.**

  
Veterans One-stop Center of WNY  
WE. EMPOWER. VETERANS.

  
**We are Dwyer**  
VETERANS ONE-STOP CENTER OF WNY  
PFC JOSEPH P. DWYER PEER SUPPORT PROGRAM