This group aims to help your child:

- establish positive coping skills
- encourage positive expression
- strengthen self-confidence & resiliency
- have fun with other military children!

**WINTER 2020 SCHEDULE**

**JANUARY 10**
**JANUARY 24**
**FEBRUARY 7**
**FEBRUARY 28**
**MARCH 6**
**MARCH 20**

Fridays at the Veterans One-stop Center of WNY
1280 Main Street  -  Buffalo, NY 14209  -  2nd Floor

DINNER WILL BE AT 5:30PM - CLASS FOR KIDS AT 6PM

Please PRE-REGISTER to help us plan for our activities!!
For questions or to sign up for class, contact our program director Mary at 548-6606 or 898-0110 x111 or mcparlane@mhawny.org